

RECREATION & HUMAN SERVICES DEPARTMENT PRESENTS

LA FETRA TIMES

OCTOBER 2025

This issue contains:

- ◆ SALUTE TO VETERANS LUNCHEON
- ◆ TRIP HIGHLIGHT
- ◆ VOLUNTEER OPPORTUNITIES
- ◆ OCTOBER MOVIES
- ◆ CRAFT BOUTIQUE

PRINTING COURTESY OF PARTNERS OF LA FETRA



The poster features a dark blue and black plaid background. At the top, a hand is shown sewing a red button onto a piece of fabric. To the right, a pair of blue-handled scissors is cutting a piece of yellow fabric. Various craft supplies like buttons and thread are scattered around. The text is arranged in a central, light-colored rectangular area with a dashed border.

THE LA FETRA CENTER'S

Annual CRAFT Boutique

SATURDAY · NOVEMBER 1
9:00AM - 2:00PM
333 E FOOTHILL BLVD · GLENDORA

HANDCRAFTED:
JEWELRY · ORNAMENTS
HOME DECOR · ART
BAKED GOODS

INTERESTED IN
BEING A VENDOR?
PLEASE CALL
(626) 914-8235
FOR MORE INFO

FOR MORE INFORMATION CALL [626] 914-0560



LA FETRA CENTER

333 E. Foothill Blvd., Glendora, CA 91741
(626) 914-0560 / CityofGlendora.gov
Monday–Friday: 8:00am–4:30pm

Mission: The City of Glendora Recreation and Human Services Department, through the efforts of the Human Services Division at the La Fetra Center, strives to maximize the quality of life for older adults by providing programs that: promote dignity and self-esteem; foster independence; facilitate social interaction; and dispel negative stereotypes about aging.

A.A.R.P.	(800) 424-3410	Glendora Mini-Bus	(626) 914-8233
Adult Protective Services	(888) 202-4248	Glendora Public Library	(626) 852-4891
Animal Control – Inland	(909) 623-9777	Graffiti Hotline	(626) 963-8540
Valley Humane Society		Homelessness – General	(626) 852-5200
YWCA Case Management	(626)214-9443	Questions	
Center for Health Care	(800) 824-0780	In-Home Supportive	(909) 802-2474
Rights		Services	
City Hall – Glendora	(626) 914-8200	SGV Lawyer Referral Service	(626) 966-5530
Emergency & Traffic Alerts	Text ‘Glendora’ to 67283	Meals on Wheels	(626) 960-2995
Elder Abuse Hotline	(877) 477-3646	Medicare	(800) 633-4227
Foothill Presbyterian	(626) 963-8411	Metro Access Services	(800) 827-0829
Hospital		Ombudsman (Long Term	(323) 721-1343
Get About Transportation	(909) 596-5964	Care)	
Glendora Historical	(626) 963-0419	Post Office – Glendora	(626) 857-9127
Society		Social Security	(800) 772-1213
		Glendora Office	(866) 964-6045

STAFF CONTACTS

Debbie Lopez, HS Manager — dlopez@cityofglendora.gov
Erik Deurmeier, HS Supervisor (Outreach & Homeless) — edeurmeier@cityofglendora.gov
Rachel Orosz, HS Supervisor (Activities & Trips) — rorosz@cityofglendora.gov
Natalie Ramirez, Office Assistant (Trips & General Information) - nramirez@cityofglendora.gov
Carol Stellato, Recreation Specialist (Volunteers & Referrals) — cstellato@cityofglendora.gov

PARTNERS OF LA FETRA

Partners of La Fetra is a charitable, non-profit organization established to support the Glendora La Fetra Center in an effort to enhance the quality of life of the adult population of the City of Glendora. Donations are tax deductible as provided by law. Membership is open to any person: dues are \$10 per year, per person. The *La Fetra Times* is available for mailing for \$12 per year, or can be combined with the Partners Membership for \$20 per year. Cash (must be exact amount) or Check (must be made out to *Partners of La Fetra*) is accepted. Membership Applications can be picked up from the center during regular business hours. If you have questions related to Partners of La Fetra, please visit the center on Fridays and a board member can assist you.

SOUPS SCRAMBLE SOLUTION

MCLA ECWRODH	CLAM CHOWDER
VEEBALGTE	VEGETABLE
CNICHEK NEDOLO	CHICKEN NOODLE
LNELIT	LENTIL
ISQEBU	BISQUE
BULNOILO	BOUILLON
RFCENH NOINO	FRENCH ONION
OCRN ROCHWED	CORN CHOWDER
OTAOMT	TOMATO
NECCHIK OTLRIATL	CHICKEN TORTILLA
OUMBG	GUMBO
NEMOSTIEN	MINESTRONE
OPTTOA SEECH	POTATO CHEESE
PTISL EAP	SPLIT PEA
EFBE NDA BRLAYE	BEEF AND BARLEY
YAVN EBAN	NAVY BEAN
RBOCILOC EESCHE	BROCCOLI CHEESE
GEG DOPR	EGG DROP

CROSSWORD SOLUTION

1	D	A	M	P		5	G	A	S	H		9	E	V	11	E
12	E	R	I	E		13	A	N	T	E		14	N	I	B	
15	N	O	S	T	A	16	L	G	I	A		17	T	A	B	
18	S	M	E	A	R		19	E	R	R	O	R				
21	E	A	R	L	I	E	R			23	T	A	I	N	T	
						26	S	O	S			27	K	E	N	O
28	L	I	S	T	E	N		32	L	E	S	S	E	N		
34	A	N	E	W				35	C	I	A					
36	S	N	A	I	L		37		38	R	E	S	T	A	R	T
			43	S	N	A	44	R	E		45	E	A	G	E	R
46	S	K	I		48	T	E	S	T	49	D	R	I	V	E	
50	T	E	D		51	I	N	T	O		52	P	L	U	S	
53	A	G	E		54	N	O	S	E		55	S	E	E	S	

NUMBER FILL-IN SOLUTION

0	6	2	2		9	8	3			8	5	4	2	6	
5	1	4	6		5	3	0	6		2	0	5	8	5	
2	5	4	8		5	0	0	2		8	6	9	8	5	
0	6	4		1	3	2	0	2		8	9	5	0	1	
3	7	7	2	3	0	7		5	6	6	9				
			1	4	7		9	2	6	5	4	2	6	6	
9	7	2	7	4		7	7	5	7	3		2	8	8	
8	8	6	2		2	5	2	9	1		9	1	4	1	
9	9	7		0	2	2	6	1		2	9	5	8	5	
8	4	3	9	6	4	3	1		3	0	8				
			5	9	8	7		7	9	9	4	9	2	1	
5	2	7	4	4		8	8	3	9	4		8	9	8	
5	5	0	5	2		6	1	0	0		8	4	9	0	
3	1	9	9	4		7	1	9	7		4	6	1	0	
0	0	8	3	8			1	0	1		4	6	0	0	

SUDOKU #1 SOLUTION

1	4	8	5	3	2	6	7	9
7	5	2	8	6	9	1	3	4
6	9	3	7	1	4	2	8	5
8	7	9	1	4	3	5	2	6
4	6	5	9	2	7	8	1	3
2	3	1	6	5	8	9	4	7
9	8	4	2	7	5	3	6	1
3	2	6	4	9	1	7	5	8
5	1	7	3	8	6	4	9	2



SUDOKU #2 SOLUTION

8	7	5	1	2	9	3	4	6
9	4	3	7	8	6	5	1	2
1	6	2	3	4	5	8	7	9
3	8	9	2	5	7	4	6	1
4	5	7	6	9	1	2	8	3
2	1	6	4	3	8	7	9	5
6	9	4	5	7	2	1	3	8
5	3	8	9	1	4	6	2	7
7	2	1	8	6	3	9	5	4



GLENDORA RECREATION & HUMAN SERVICES DEPARTMENT presents

Salute to ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

VETERANS

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ *LUNCHEON*

Join us as we honor and celebrate our Veterans!

TUESDAY • NOVEMBER 4
11:30AM-1:30PM
LA FETRA CENTER • 333 E FOOTHILL BLVD

Free for Veterans! \$10 PER TICKET
PURCHASE TICKETS AUGUST 19-OCTOBER 24
ONLINE: CITYOF GLENDORA.GOV/REGISTER
IN-PERSON: LA FETRA CENTER



FOR MORE INFORMATION CALL (626) 914-0560

Glendora




CERRITOS CENTER FOR THE PERFORMING ARTS PRESENTS

A MERRY-IACHI CHRISTMAS




DATE: SUNDAY, DECEMBER 7, 2025
TIME: 12:30PM - 6:00PM



MAESTRO JOSÉ HERNÁNDEZ AND HIS PLATINUM-SELLING MARIACHI SOL DE MÉXICO® PERFORM TREASURED HOLIDAY CLASSICS AND FAVORITES FROM THE MARIACHI SONGBOOK IN THIS HOLIDAY FIESTA AT THE CERRITOS CENTER FOR THE PERFORMING ARTS.

PURCHASE TICKETS ONLINE AT CITYOFGLENDORA.GOV/REGISTER OR IN-PERSON AT LA FETRA CENTER (333 E FOOTHILL BLVD, GLENDORA CA 91741).

VOLUNTEER AT THE LA FETRA CENTER!

The La Fetra Center is seeking motivated, creative, and responsible volunteers! If you or someone you know is interested in teaching a class, leading a group, club, or service, or working at the front reception desk, please inquire with the La Fetra Center at (626) 914-8235 or email la_fetra@cityofglendora.gov. The La Fetra Center has a robust volunteer program that makes it possible for the center to host numerous classes, groups, and clubs, provide information and referral to the public, and engage with the community on a deeper level. If you are interested in making an impact in your local community, don't hesitate! Contact us today!

NUMBER FILL-IN PUZZLE

The first word in the grid has been provided to give you a head start. Fill in the words from the list where they will fit and check off the words as you go.



3 DIGITS

064
101
147
268
288
308
844
898
983
997

4 DIGITS

0622
1344
2094
2172
2215
2248
2510
2548
2673
2880
3000
4595
4600
4610
5002
5146
5306
5530
5669
5987
6100
6551
6671
6815
6848
7098
7197
7894
8111
8490

5 DIGITS

00838
02261
05203
13202
18000
20585

6 DIGITS

399071
506994
954593
955307

7 DIGITS

0694248
3772307
7994921
8288653

8 DIGITS

62252591
75237867
84396431
92654266



Solution is provided in the back.

SOUPS WORD SCRAMBLE

MCLA ECWRODH	
VEEBALGTE	
CNICHEK NEDOLO	
LNELIT	
ISQEBU	
BULNOILO	
RFCENH NOINO	
OCRN ROCHWED	
OTAOMT	
NECCHIK OTLRIATL	
OUMBG	
NEMOSTIEN	
OPTTOA SEECH	
PTISL EAP	
EFBE NDA BRLAYE	
YAVN EBAN	
RBOCILOC EESCHE	
GEG DOPR	



11 Solution is provided in the back.

Bingo

NEW DAY: THURSDAY!



Presented by Partners of La Fetra Center
Every Thursday

Doors open: 12:00pm on SAGE A; 12:45pm on SAGE B.

Bingo sales: 12:30pm to 1:15pm.

Games start: 1:30pm.

Cost is \$8.00 for the first game and \$3.00 for each additional pack.
Bring your own drinks and individually wrapped snacks.

Book Discussion Group

First Thursday of every month

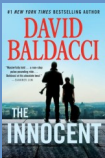
10:00am to 11:00am

FREE – No registration required!

Join friends who share a love of reading. This casual group meets to discuss a wide genre of novels. Each group member will have the opportunity to select books to read then discuss.

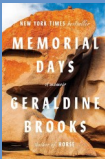
October 2 Discussion:

The Innocent
By David Baldacci



October Selection:

"Memorial Days" by
Geraldine Brooks



Glendora Genealogical Group

Fourth Tuesday of every month

Tuesday, October 28, 2025

6:00pm to 9:00pm

6:00pm: Guest Speaker: Kate Townsend

Topic: Court Records Research Without the Law Degree

7:00pm: Guest Speaker Mark Olson

Topic: What's New in Family Tree Maker

FREE – No registration required!

If you are interested in family history, we invite you to attend the Glendora Genealogical Group. This group often provide resources, support, and collaboration opportunities for members who are exploring genealogy. They may offer access to historical records, organize workshops, host guest speakers, and run group projects like DNA analysis or local history documentation.

Tax Volunteers Needed

AARP is seeking volunteers to prepare tax returns at the La Fetra Center. You should have an interest in doing taxes, have basic computer skills, and be interested in helped others.

Training begins in December. Tax preparation begins in February and ends April. AARP provides the computers and supplies.



Why Join Us?

- Participate in Impactful Causes
- Community Engagement
- Skill Development



If you are interested,
contact Steve Mancini at
(909) 624-1186

CROSSWORD PUZZLE

1	2	3	4		5	6	7	8		9	10	11
12					13					14		
15					16					17		
18							19			20		
21						22			23			24
					26					27		
28	29	30	31				32	33				
34							35					
36					37		38			39	40	41
					43				44			
46	47					48			49			
50						51				52		
53						54				55		

Across:

1. Soggy
5. Nasty cut
9. Adam’s partner
12. Toledo’s waterfront
13. Opening wager
14. Pen point
15. Homesickness
17. Bar bill
18. Blur
19. Baseball blunder
21. Sooner
23. Pollute
26. Mayday!
27. Gambling game
28. Hear
32. Decrease
34. Once more
35. Espionage org.
36. Slowpoke
38. Begin again
43. Trap
45. Ardent
46. Snow runner
48. Car evaluation (2 wds.)
50. Koppel or Kennedy
51. Get ____ trouble
52. Addition sign
53. Grow old
54. Smelling organ
55. Glimpses

Down:

1. Thickly populated
2. Scent
3. Penny pincher
4. Flower part
5. Guy’s companion
6. Enrages
7. Agitate
8. Purple ____
9. Diary items
10. Through
11. Wane
16. Get up
20. Acorn producers
22. Long period
24. Compass point (abbr.)
25. Coal measure
28. ____ Vegas
29. Lodge
30. Oceanfront
31. Look-alike
32. Little white ____
33. Soothed
35. Tops of waves
37. Old Roman language
39. Canvas covers
40. Spry
41. Musical show
42. Ringlet
44. Nevada town
46. Amtrak terminal (abbr.)
47. Small cask
49. Shoe tip

Solution is provided in the back.

SUDOKU

Sudoku is played on a grid of 9 x 9 spaces. Within the rows and columns are 9 “squares.” Each row, column and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column or square. Each Sudoku grid comes with a few spaces already filled in.

SUDOKU #1

1	4		5					
			8	6			3	4
			7				8	
8		9				5		
			9	2	7			
		1				9		7
	8				5			
3	2			9	1			
					6		9	2

Good Luck
and
Have Fun!

SUDOKU #2

	7				9			6
9	4	3				5		
					5	8	7	
				5		4		1
4				9				3
2		6		3				
	9	4	5					
		8				6	2	7
7			8				5	



Solution is provided in the back.

EVERY MONDAY & THURSDAY AT 1:00PM – ALWAYS FREE

LA FETRA
MOVIES



Movie info can be found on cityofglendora.gov or located at our reception desk.

- October 2– **The Hunt for Red October** (1990) Action
- October 6– **Venom** (2005) Horror
- October 9– **The Big Parade of Comedy** (1964) Comedy
- October 13–**Chocolat** (2000) Romance/Comedy
- October 16– **The Grand Budapest Hotel** (2014) Adventure
- October 20– **9 to 5** (1980) Comedy
- October 23– **Young Man with a Horn** (1950) Musical Drama
- October 27– **Magic In The Moonlight** (2014) Comedy/Romance

Monday	Tuesday	Wednesday	Thursday	Friday
8:45 am Sing for Joy 9:00 am YWCA Case Mgmt. 10:00 am Journey Through Grief 11:30 am Nutrition 12:30 pm Canasta 12:30 pm M-W-F Gamers 1:00 pm Monday Movies 1:30 pm Ping Pong*	8:00 am Int./Adv. Pool Players 8:15 am Flexibility Training* (ends 10/17) 8:15am Health, Fitness, and Nutrition* (starts 10/21) 8:45 am Bridge Tournament 9:00 am Sharing Memories 9:00 am Tai Chi Chuan* 11:00 am Computer Adventure* 11:30 am Nutrition 12:30 pm Beading Buddies 12:30 pm Senior Strength* 12:30 pm Pinochle 4:00 pm Balance & Mobility* 6:00 pm Country Line Dancing—Beg.* 7:15 pm Country Line Dancing—Inter.*	9:00 am Glendora After Stroke Center 9:00 am Patch, Pin, & Purl 10:30 am Nuts About Needlepoint (2 nd /4 th Wed) 11:30 am Nutrition 12:30 pm M-W-F Gamers 1:00 pm Bunco (1 st /3 rd /5 th week) 1:30 pm International Community Club 1:30 pm Ping Pong*	8:15 am Flexibility Training* (ends 10/17) 8:15am Health, Fitness, and Nutrition* (starts 10/21) 8:30 am Party Bridge 8:30 am Quilting Therapy (2 nd /4 th Thu) 11:30 am Nutrition 12:30 pm Canasta 1:00 pm Current Events Discussion Grp. 1:00 pm Thursday Movies 1:30 pm Bingo	8:00 am Int./Adv. Pool Players 8:15 am Flexibility Training* (ends 10/17) 8:15am Health, Fitness, and Nutrition* (starts 10/21) 8:45 am Bridge Tournament 10:00am Senior Yoga* 11:30 am Nutrition 12:30 pm M-W-F Gamers 12:30 pm Pinochle

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 1:00 pm Bunco	2 10:00 am Book Discussion Group	3	4
6 10:00 am Legal Clinic for Seniors <i>(FREE - Sign Up Required)</i> 10:00 am BP Screening	7	8 10:30 am Nuts About Needlepoint 1:00 pm EYE-DAS	9 8:30 am Quilting Therapy	10	11
13	14	15 10:00 am Alzheimer's Support Group 1:00 pm Bunco	16	17	18
20	21	22 10:30 am Nuts About Needlepoint 11:00 am Notary Service	23 8:30 am Quilting Therapy	24	25
27 1:00 pm LA Regional Food Bank	28 6:00 pm Genealogical Group	29 1:00 pm Bunco	30	31	

October 2025

Monday, Tuesday, Wednesday, Thursday, & Friday @ 11:30am

Monday	Tuesday	Wednesday	Thursday	Friday
YWCA San Gabriel Valley Senior Services Department 101 S. Barranca Avenue, Covina, CA 91724 Phone: 626-214-9456	YWCA IS ON A MISSION	1 Lentil Soup Baked Pollack Yellow Squash Broccoli Salad Applesauce Barley Pilaf	2 BBQ Chicken Tri Color Coleslaw Canned Pear Macaroni Cheese Roll	3 Hot Turkey Sandwich Green Beans Spinach Salad Orange Whole Grain Bread
6 Vegetarian Chili Broccoli Mixed Salad Greens Pineapple Bread	7 Hawaiian Chicken Breast Mesclun Salad Cantaloupe or Tangerine Rice	8 Turkey Milanese Zucchini Chopped Mixed Salad Banana Whole Grain linguine	9 Split Pea Soup Salmon w/Dill Sauce Green beans Beet Salad Orange Roll	10 Hot & Sour Soup Asian Beef Stir Fry Mixed Asian Veg Salad Carrot Raisin Salad Kiwi Brown Rice
13 Indigenous Peoples Day	14 Mushroom Soup Spaghetti with Meat Sauce Green Beans Chopped Salad w/ Kale Pear/Peach	15 Beef Fajita Pinto Beans Tossed Green Salad Cantaloupe Tortilla	16 Roast Turkey Baked Yam or Sweet Potato Herbed Brussel Sprouts Pineapple Mango Cup Bread	17 Corn Chowder Tuna Salad Herbed Potato Salad Creamy Coleslaw Baked Apple Roll
20 Korean BBQ Herb Zucchini Broccoli Salad Pineapple Herbed Brown Rice	21 Garden Veg Soup Fish Vera Cruz Black Beans Creamy Coleslaw Banana Bread	22 Tomato Basil Soup Chicken Dijon Chopped Salad Peaches Roll	23 Stuffed Bell Pepper Green Peas Romain Salad Orange Barley	24 Veg Paella Broccoli Spinach Salad Mango Brown Rice
27 Butternut Squash Soup Breaded Fish Yam Beets and Mandarins Peaches Bread	28 Meatloaf w/ Gravy Mashed Potato Brussels Sprouts Fruit Cup Roll	29 Veg Soup Turkey Veg Stir Fry Salad Poached Ginger Pear Bread	30 Caribbean Chicken Red Beans Mesclun Salad Kiwi Brown Rice	31 HALLOWEEN Bolognese w/ Penne Pasta. Herbed Zucchini Caesar Salad Fruit Cup

*** SUBJECT TO CHANGE WITHOUT NOTICE *** ALL ENTREES INCLUDE AN 8oz CARTON OF MILK ***
VOLUNTARY CONTRIBUTION OF 3\$ ***

ADMINISTERED BY YWCA SAN GABRIEL VALLEY AND FUNDED IN PART BY THE LOS ANGELES
COUNTY AREA AGENCY ON AGING THROUGH THE OLDER AMERICANS ACT OF 1965 AS
AMENDED.

NORTH HILLS